



For children  
ages 6 & up

**\$10.00** per child



# OPEN WORK-OUT

**Release  
Form**

90 minutes to practice & play!

The sport of gymnastics involves a maximum of physical activity. California Cartwheel Center takes all possible measures to ensure your child's safety and well being.

To the best of my knowledge, my child is now in good health and physically capable of participating in any event or program that is offered by California Cartwheel Center. I will not bring my child to any program or event if he/she is suffering from any respiratory, infectious and/or contagious illness or disease, broken bones or sprains.

There are risks and dangers associated with participating in the sport of gymnastics, including, but not limited to, those of bodily injury, partial and/or total disability and paralysis.

I hereby give consent for my child/children to participate in programs offered by California Cartwheel Center and hereby agree that I, for myself, my children, adopted or otherwise heirs and executors, waive and release all rights and claims for damages that I may have at any time against California Cartwheel Center or their agents or representatives, for any injury or damages in connection with my association, or entry in gymnastics or other activities sponsored by California Cartwheel Center. *All parents/legal guardians will be responsible for the safety of their children while at California Cartwheel Center.*

I have read and do understand the above information.

Parent/Legal Guardian Signature \_\_\_\_\_ Today's Date \_\_\_/\_\_\_/\_\_\_

*Please fill out the form below and return to the office receptionist before participating in Open Workout.*

Child's Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_ Age \_\_\_\_\_

Name of Parent/Legal Guardian \_\_\_\_\_

2 phone numbers where you can be reached (\_\_\_\_\_) \_\_\_\_\_ and (\_\_\_\_\_) \_\_\_\_\_

Check any that apply

I am enrolled at CCC Class Day & Time \_\_\_\_\_

If using Open Work-Out as a Make-up Date of Absence \_\_\_\_\_ Don't Know \_\_\_\_

I am not enrolled at CCC

I was invited by a friend Name of friend \_\_\_\_\_

**\$10 per child** (unless using Open Work-Out as a make-up)

Amount Paid		
check#	cash	credit

\*If paying for a friend, write his/her name here \_\_\_\_\_

\*If paid for by someone other than you (name) \_\_\_\_\_