



SCHEDULE OF CLASSES

UPDATED 9/12/11

DEVELOPMENTAL Program
Little Dippers 18 mo. -3½ yrs.
30 min./8 wks.
 (a parent participation class)
 Tuesday 10:25-10:55
 Saturday 9:00-9:30
Big Dippers 3½ yrs.-4 yrs.
40 min/8 wks.
 Monday 3:00-3:40
 Tuesday 5:40-6:20
 Wednesday 10:30-11:10
 Saturday 9:20-10:00
Comets 4-5 yrs.
50 min/8 wks.
 Monday 3:40-4:30
 Tuesday 9:30-10:20
 Tuesday 3:20-4:10
 Wednesday 3:40-4:30
 Thursday 10:50-11:40
 Thursday 5:30-6:20
 Saturday 9:30-10:20
Shooting Stars 5-6 yrs.
60 min./8 wks.
 Monday 3:20-4:20
 Tuesday 3:30-4:30
 Wednesday 5:40-6:40
 Thursday 3:30-4:30
 Saturday 10:10-11:10

TRANSITIONAL Program
60 min. classes 8 weeks
***Teacher Approval Required**
***Meteors 5-6 yrs. Coed**
 Wednesday 4:40-5:40
 Saturday 10:00-11:00
Galaxies 6-7 yrs. Girls
 Monday 4:20-5:20
 Tuesday 4:45-5:45
 Wednesday 3:10-4:10
 Thursday 3:10-4:10
 Saturday 11:00-12:00
***Novas 6-7 yrs. Girls**
 Tuesday 4:30-5:30
 Saturday 10:00-11:00

THE BABY PARK
Coed kids 6mos. - 3 yrs.
45 min. - \$10.00
 Wednesday 9:30 -10:15
 Thursday 9:45 -10:30
***Baby Park is offered**
Winter, Spring & Fall only

CHEERNASTICS
Girls 6 & up
60 min. / 8 wks
 Thursday 6:20-7:20 6yrs+

***INTER./ADV.**
***COED TUMBLING**
60 min./8 wks
 Monday 6:45-7:45
 Wednesday 6:45-7:45

BOYS Progressive Program 6 yrs & up
60 min classes 8 weeks
BEG 1 BOYS 6-8 yrs **BEG 1 BOYS 8 UP**
 Monday 4:00-5:00 Monday 5:00-6:00
 Tuesday 3:45-4:45 Thursday 4:30-5:30
 Wednesday 5:10-6:10
***TEACHER APPROVAL REQUIRED**
FOR CLASSES BELOW:
60 min. 8 weeks
***INTERMEDIATE 1 BOYS**
 Wednesday 3:20-4:20

Please call for
tuition prices.

GIRLS Progressive Program
8 yrs.- teen 60 min. 8 weeks
BEG 1 8-10 yrs. **BEG 1 11 UP**
 Monday 3:00-4:00 Monday 6:00-7:00
 Tuesday 4:10-5:10
 Wednesday 4:10-5:10
 Thursday 3:50-4:50
 Saturday 11:00-12:00
***TEACHER APPROVAL REQUIRED**
FOR CLASSES BELOW:
***BEG 2**
60 min. 8 weeks
 Monday 4:30-5:30
 Thursday 4:10-5:10
 Saturday 12:00-1:00
***INTERMEDIATE 1**
60 min. 8 weeks
 Monday 5:20-6:20
 Tuesday 5:10-6:10
 Wednesday 4:20-5:20
 Thursday 4:50-5:50
 Saturday 12:00-1:00
***INTERMEDIATE 2**
 Wednesday 5:20-6:20
 Thursday 5:10-6:10
***ADVANCED 1**
1 hour, 15 min 8 weeks
 Thursday 6:30-7:45
***ADVANCED 2**
 Wednesday 6:30-8:30 - 2 hrs.
 Thursday 6:30-8:00 - 90 min.
2X per week recommended for Adv. 1 & 2
(50% off 2nd class)

MAKING GYMNASTICS FUN SINCE 1982.

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